



CREATIVE



AND



CONNECTED

SUPPORTED BY
MAYOR OF LONDON
GREATER**LONDON**AUTHORITY



ISSUE 4

Welcome to the Museum of London's Creative and Connected activity pack

Our museum doors are now open!
To visit you can book your free ticket in
advance by visiting our website:
www.museumoflondon.org.uk

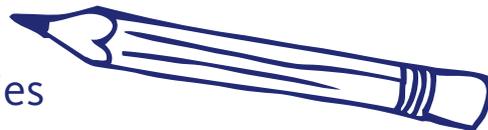
However, we understand that for many there is
still uncertainty, so we will still be providing these
packs to bring joy and keep us connected.
We hope you enjoy using them and we would
love to hear your stories and see what
you create.

These packs form part of our Memories
of London programme, designed for
people affected by dementia.

You can use this pack in the way
that feels most comfortable
for you.

You could...

- **Write, draw or paint to
complete the pack**
- **Grab your own paper to use
alongside the pack for
your responses**
- **Go digital and create your
responses using your
computer, tablet or phone**



THE TASTES OF LONDON

Whether you have a favourite Bangladeshi restaurant, know the best place to get pie, mash and liquor, or always preferred your mum's homemade pizza, in this month's pack we're exploring all things food related.

The Museum of London tells the story of everyday people and we'd love to hear your food story!



SHARE YOUR FAVOURITES

Use this space to design your favourite meal. You could draw it, paint it or use magazines or newspapers to make a collage of it.

In Victorian London, piemen would sell meat and eel pies on the streets.

Veeraswamy in Piccadilly (opened 1926) is thought to be London's oldest Indian restaurant.

Roman Londoners ate dormice stuffed with nuts and honey or rotten fish.

Want to share a recording about your favourite food or recipe?

Email it to memories@museumoflondon.org.uk for us to include on our website.

PLAY WITH YOUR FOOD

Ever been told not to play with your food? Well, now's your chance to open the cupboard and use food for art!

London's skyline is filled with iconic buildings – can you make one of them from food?

You could make it tiny or create a huge collective one.



Here are some ideas for materials to use...

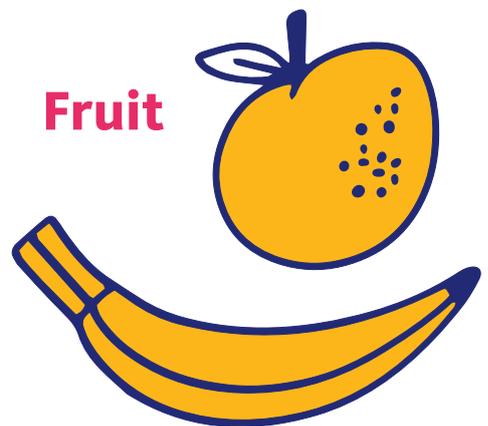
Pasta or rice



Herbs and spices



Fruit



Or you could...

- Print using halved oranges or potatoes
- Rearrange your dinner plate

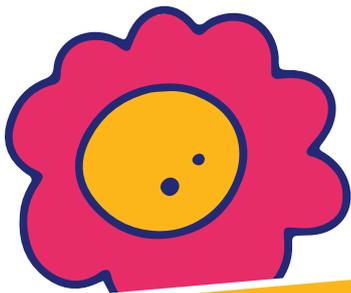
Take a photo and share it with us at our Time For a Cuppa session.



SMELL TOUCH AND FEEL

During the 20th century, London's food scene became increasingly culturally diverse. Using herbs and different flavourings has become the norm for many. This recipe card, produced by Sainsbury's, encourages people to use oranges and lemons in their traditional bread and butter pudding.

Do you enjoy using spices or fragrances when cooking?



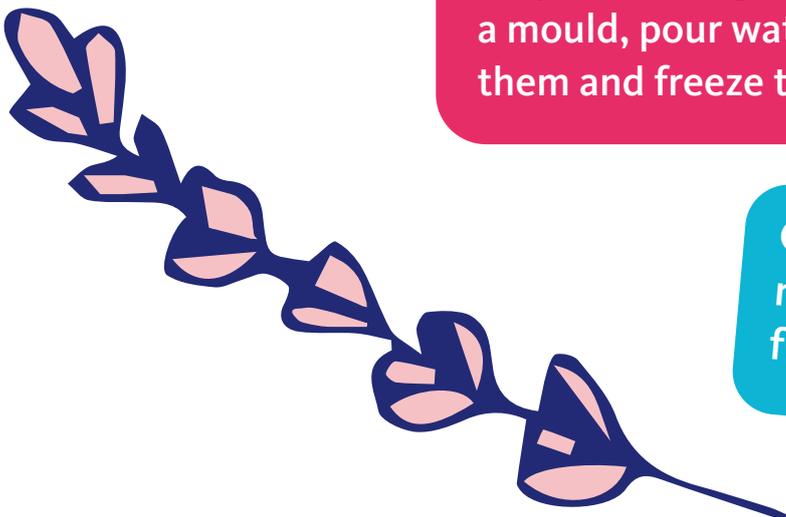
Find some spices, herbs, leaves or flowers in your cupboard or garden. Which ones smell best together?



Why not arrange them in a mould, pour water over them and freeze them?



On a hot day, watch the ice melt and enjoy the delicious fragrance as it's released!



MUSEUM SHOW-OFF

Make a food museum

What foods are in your cupboards?

Perhaps some are family favourites, while others may have been in the cupboard for years. Arrange them like a museum display and write a short museum label for each item.

If you don't have it in your cupboard, you could draw it and make a mini art gallery instead.



What's the oldest tin you can find?



Perhaps you have some ackees or a tin of dried eggs like these ones from the Museum of London collection.

WORDS WORDS WORDS

In this month's London Lives podcast, an artist has used poetry to express how he feels about Notting Hill Carnival.

Poetry is easier to create than you might think. Close your eyes, take a deep breath, and picture your favourite food in front of you.

Open your eyes and use our template to create a poem, or write your own.



My favourite food is

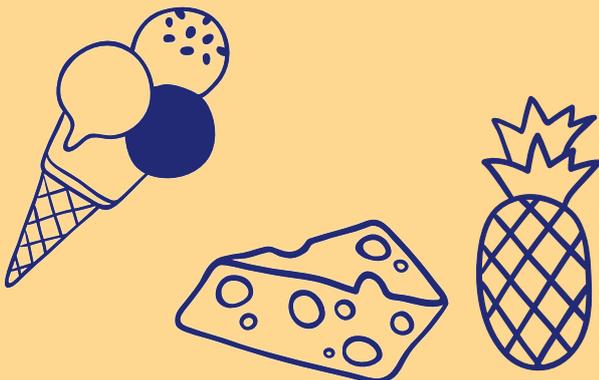


It smells

When I'm eating it, I can hear

It looks like

It tastes



That's why I love

LONDON LIVES

We are creating a series of podcasts called 'London Lives', inspired by different objects from our collection. Our next podcast will be all about entertainment.



What do you do for entertainment? Perhaps you listen to music, shop the latest fashions or visit the theatre?

This combined television and wireless set from 1935 was designed to blend in with contemporary furniture and cost as much as a car!

**Do you have memories of the wireless, the cinema or music?
What do you like now?**

If you'd like to share your story, email memories@museumoflondon.org.uk and we will get in touch to find out more.

Time For a Cuppa

Why not join us for our live, online session on **Wednesday 9 September, 10.30-11.30am**. The Memories of London Team will be sharing objects from London's past, singing, moving and chatting together in this relaxed session.



To take part please register by:

Emailing memories@museumoflondon.org.uk

OR Calling **07780 504506** Mon-Fri, 9am-6pm

(standard network rates apply)

